

Te Kārere o te Wā

Tui Ora LTD
Let Unity Prevail | **Update**

Engā iwi, e ngā reo, e ngā karangatanga maha, o ia marae huri noa o te maunga Tītōhea ā Rua Taranaki, tēnei te mihi manahau mō tēnei wā ki a koutou kia ora tātou

Tangata i akona ki te kāinga, tūngia ki te marae, tau ana

A person trained at home will stand on the marae with dignity

At the age of seven, Sonny Murray was speaking on the marae, encouraged by elders who saw potential in the South Taranaki lad. Now he brings his wealth of cultural knowledge to Tui Ora where he started in August as the Executive Kaumatua. He was brought up by his great-aunt in Normanby and until he started St Joseph's School in Hawera he spoke only te reo. "At all the schools I went to I was the speaker. It was embedded in me from an early age I suppose." Fast forward a few decades and Sonny was teaching at Te Pihipihinga Kakano mai i Rangiatea in New Plymouth, sharing the tikanga, the knowledge with young Māori.

He clocked up 11 years at the kura, having previously worked at Ngatiki Te Kohanga Reo in Normanby. Seeing students grow from new entrants to sitting on a paepae, participating in and leading powhiri was hugely satisfying. When he was asked to consider the kaumatua role at Tui Ora, he took some time. The fact that an ex-student was returning to the kura to do her teacher training was reassuring. Here was the new generation coming back to carry on the legacy.

At Tui Ora he sees himself as a young kaumatua, working alongside the organisation's existing group of kaumātua/kuia.

Asked to sum up the role he says: "The role is just about being able to give good advice and being supportive because we walk alongside a lot of different people in Tui Ora."

Reaching a position takes time. You start at the back, in the kitchen, working among others, he says.

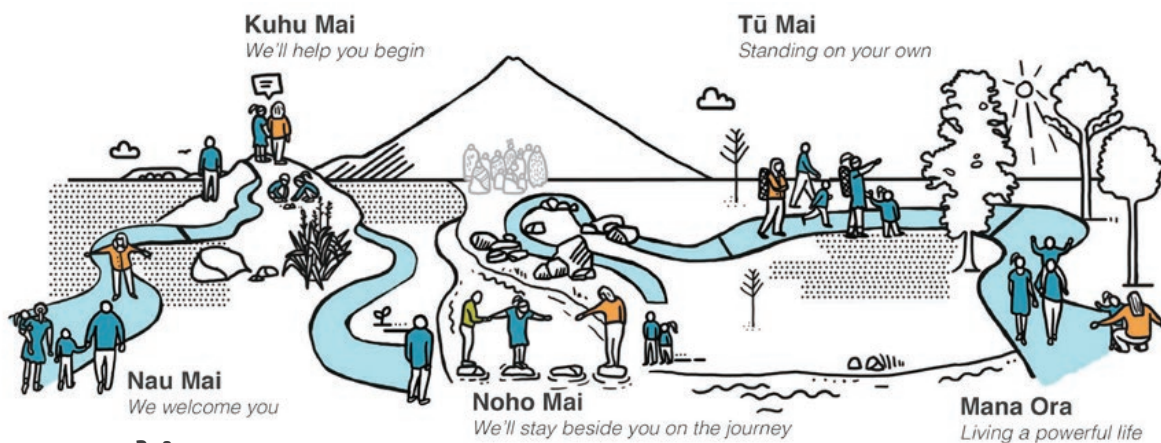
"I think with kaumātua it's about wisdom, it's not necessarily about age. It's



Sonny Murray

what they can provide whether it's karakia, whether it's taking groups on to a marae, welcoming others, there is a lot to do with manaakitanga."

At Tui Ora, like the kura, Sonny is also working with a range of whānau, and helping another organisation embed aspects of manaakitanga. His whakapapa encompasses the three waka of the region: Tokomaru, Aotea and Kurahaupō and he has links to Ngā Ruāhine, Ngāti Ruanui, Taranaki and Ngāti Mutunga.



Ē tupu ngātahi ana te rohe me te hauora

Partners to grow the region

Tui Ora is involved in a range of regional projects that also involve representatives from iwi, including our Te Kawau Mārō partners, Ngāti Ruanui and Ngā Ruahine. Many of the projects focus on models of care around māmā, matua, pēpe and tamariki. This is about establishing how we make services better and more people or whānau-centred. (See graphic above, developed following a range of collaborative workshops with providers, whānau and Think Place).

Further, as part of being appointed by commissioning agency Te Pou Matakana as the lead for Whānau Ora, Tui Ora is focusing services on tamariki in the early years through to rangatahi.

This will see more staff employed as kaiarahi, working alongside and helping whānau navigate through health and social services. These staff will be based at Ngāti Ruanui, Tu Tama Wahine and Tui Ora.

As part of the relationship with Te Pou Matakana, we are also focused on establishing a collective impact initiative which includes other partners such as the Department of Conservation, Next

Foundation, the Health Promotion Agency and iwi. This project ultimately aims to involve rangatahi, who will co-design a programme that is meaningful for them, in their connection with the maunga. DOC has a goal to help more people see the maunga as a place that can build wellbeing.

A third project is about supporting communities to design a response or way of tackling a social issue affecting tamariki in the early years. There will be different stages to this project, including the chance for people in the community to become co-designers and practitioners. Further information will be available in time.



Kua hono atu a Tui Ora (ICT) ki te ao ipu-rangi

ICT warriors hook up to global age

Rocking up to a workplace with robots and spin bikes next to desks was all part of the US experience for young South Taranaki Māori.

All 19 of the rangatahi, ranging from intermediate to senior high school age, were part of a trip in July to Stanford University in San Francisco.

Of Ngāti Ruanui and Ngā Ruāhine descent, they come from Whanganui, Patea, Manaia and Hāwera and are part of 2Nuicode, an after-school and holiday programme in computer coding.

Debbie Ngarewa-Packer of Ngāti Ruanui said 2Nuicode was developed after she became aware of how poorly represented Māori were in the information, communications and technology sector.

“Less than 1 percent of Māori study ICT and only about 2.5 percent

are employed in the sector...it is a sector we must embrace while carving out our own identity.”

She describes the trip as mind-blowing. “When you get there, there are robots walking around and spin bikes near desks. The rangatahi were really inspired and they could see the relevancy to the work they have been doing.”

During the week-long programme, they were exposed to the innovative work of US educationalist Esther Wojcicki, widely recognised for her pioneering style of learning. (Her daughter Susan Wojcicki is the CEO of Youtube and Google was invented in her garage). They studied design thinking at Stanford’s D-school with Silicon Valley entrepreneur Gary Balles, spent a day at Google and with Ideo, the founders of the design thinking philosophy.

Since returning the rangatahi have continued to receive mentoring from digital designers, carried out presentations to major funders, and in addition there’s a noticeable impact on self-confidence and focus, says Debbie.

“Their demeanour in their school community is open and more confident but more importantly it’s helped them to narrow in on what their passions are, what’s going to ignite them – they are excited for their future and far better informed.” In addition, there are opportunities for them to use coding skills learnt outside school to gain NCEA credits.



Gal Carmi

He mahi takirua mō te Tumuaki Hauora

Dual role for new Clinical Director

Dr Gal Carmi was named clinical director at Tui Ora Family Health, in the newly-created role in August.

Having worked as a GP at Tui Ora Family Health for almost one year, Gal is enthused about the dual nature of his new role which will see him continue in the practice and as part of the executive leadership team at Tui Ora.

The clinical director role will help enhance services at TOFH and add to the quality of treatment for clients. An essential element of succeeding will be team work within the surgery, says Gal, who also hopes to improve working interactions between other Tui Ora services.

“Achieving good integration will result in better support for the patients and better treatment outcomes, across all levels of acquaintance. It is a process I truly believe in, am familiar with from my previous experiences, and hope to implement soon.”

Gal moved with his family from Israel, having spent the previous six years as a family physician and the last one and a half years as a clinic manager in the Northern part of the country. They have settled in Oakura, a community he describes as warm and welcoming. “We already feel at home.”

Getting used to the Kiwi health system was his first priority when assuming the GP role last October. “New beginnings are always challenging at first,” reflects Gal. “Getting to know a new medical system and new methods of operation, in addition to new staff and team members and a different language, were sometimes overwhelming. Tui Ora was very supportive throughout the process, which enabled me to settle into my new role.”

“I find the cultural aspect of the relationship between the patients and their GP highly important. Both the clinical experience over the past year and the ongoing cultural studies and events, which are part of the kaupapa of Tui Ora, helped me gain a better understanding of the culture, the role it plays in my clients’ lives, and a better appreciation of the concept of whānau.”



Ngā hononga hōu i ngā māra-putiputi o Ngāmotu

New connections made with New Plymouth gardens

Getting their hands in the soil has become another option for the health and wellbeing of clients and whānau of Tui Ora.

Kaimahi at Tui Ora have linked up with the New Start community garden in New Plymouth’s Saxton Rd and sessions are being held there on a fortnightly basis.

Kaiāwhina Maxine Reriti hopes whānau

accessing Tui Ora services might use the garden in a variety of ways.

She sees important connections being made, intergenerational skills being shared and an existing resource being used by a new group of people.

Her vision for a ‘Tui Ora garden’ began some time ago and after looking around at a few options this facility was identified.

The gardening and building work also adds another option for the Physical Health Outcomes Service which runs a variety of activities for people to try such as gym sessions, walks and indoor and outdoor games. Co-ordinators Brendon Whitmore and Sam Heath (pictured above with Maxine Reriti) are currently working on projects such as making garden signs, building raised garden beds, weeding, cultivating and planting.

Weekly arts and craft sessions run by Day Activity Programme co-ordinators Nadja Bernhardt and Naumai Williams are also incorporated into the project.